

**FAMILY PLANNING AND HIV/AIDS AWARENESS FOR PASTORS' WIVES IN  
WAU DIOCESE**

**1.0 Project Summary**

<b>Implementing Agency</b>	Mothers' Union Diocese of Wau
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<b>Project Title</b>	Family Planning And Hiv/Aids Awareness For Pastors' Wives In Wau Diocese
<b>Project location</b>	Wau, Warrap State, South Sudan
<b>Period of implementation</b>	3 months
<b>Overall Objective</b>	To improve the level of awareness on modern family planning methods and HIV/AIDs among pastors' wives in Wau Diocese.
<b>Specific Objectives</b>	<ul style="list-style-type: none"> <li>▪ Improvement of family planning awareness among pastors' wives.</li> <li>▪ Improvement of HIV/AIDS awareness among Pastors' wives</li> </ul>
<b>Beneficiaries</b>	300 women
<b>Budget</b>	<b>US\$ 24,475</b>

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## **2.0 Executive Summary**

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The prevalence of HIV/AIDS is still rampant in South Sudan and it continues to claim the lives of many people. Awareness of family planning methods is still low and the use of contraceptives has not been accepted by many women in South Sudan. Many married women therefore continue to get unplanned pregnancies because of lack of knowledge on family planning methods.

The proposed project aims at raising awareness on HIV/Aids and family planning methods among pastors' wives in the Diocese of Wau. This will be done by conducting a 3-day training workshop in Wau that will bring together pastors' wives from the diocese. During the training, 2 training facilitators will train the participants on modern family planning methods and on HIV/AIDS.

## **3.0 Project Background**

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Family planning is the practice that helps individuals or couples to attain certain objectives such as avoiding unwanted pregnancies, bringing about unwanted babies at the right time, regulating the interval between pregnancies, controlling the time at which birth occurs in relation to the ages of the parents and determining the number of children in the family. The use of contraception as a method of family planning promotes survival of infants as it supports birth spacing and reduces high-risk pregnancies. Achieving adequate birth spacing could reduce child mortality particularly in developing countries with myriads of socio-economic problems. Despite the campaign on the usefulness of family planning in having smaller and healthier families, the use of contraceptives is still low in developing countries like South Sudan.

In South Sudan HIV/AIDS is still a major epidemic that continues to kill many people. Infections continue to rise because of lack of awareness of this sexually transmitted disease whose cure has not been found. The scourge of HIV/AIDS has been made worse practice of many to marry more than one wife.

## **4.0 Project Justification**

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The Diocese of Wau is one of the many dioceses of the Episcopal Church of Sudan and South Sudan (ECSSS). The Diocese of Wau is spread across the two states of Warrap State and Western Bahr El Gahzal State. The diocese has its headquarters in Wau town.

The practice in which men marry many wives is a tradition that is very prevalent in South Sudan. It is not uncommon to find a man with four or five wives. This practice is also

common within the church where you can find an ordained pastor with more than one wife. The origin and cause of this practice of marrying many wives can be traced to the belief that with many wives one can get many children and that many wives and children is a sign of wealth. A man with many wives and children also commands respect from other community members. The other factor contributing to this practice is the requirement by many married women to stay for upto two years without having any sexual contact with the husband. The argument for this is that women wanted to avoid getting pregnant a few months after delivery. This has caused men to marry a new wife any time the first wife delivers a baby. With the use of family planning methods like contraceptives married women will be able to prevent unplanned pregnancies. In order to encourage the use of family planning methods the women need to be made aware of the advantages of using them.

HIV/AIDs epidemic is a problem that has been recognised worldwide by both the developed and developing countries as a problem that threatens mankind. The scourge also impacts on a country's economic development as the productivity of the people is reduced and a greater percentage of national budget has t be diverted to fight this menace. HIV/AIDS is made worse because of multiple sexual partners and in place where men have multiple wives then the threat of it being spread within the family is increased. One way to deal with this problem is to discourage men from marrying many wives by creating awareness of the dangers of HIV/AIDS.

## **5.0 Goals and Objectives**

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### **5.1 Overall Objective**

To improve the level of awareness on modern family planning methods and HIV/AIDs among pastors' wives in Wau Diocese.

### **5.2 Project Specific Objectives**

#### **Specific Objective # 1 improvement of family planning awareness among pastors' wives**

- Identify participants for the family planning awareness training workshop
- Source and prepare family planning awareness training materials
- Organize and conduct a training workshop of family planning issues

#### **Specific Objective # 2 Improvement of HIV/AIDS awareness among Pastors' wives**

- Identify participants for the HIV/AIDS awareness training workshop
- Prepare HIV/AIDs training materials
- Organize and conduct HIV/AIDS awareness training workshop

### Specific Objective # 3 4 Project Monitoring and Evaluation

- Evaluate the project
- Prepare project reports

### 6.0 Implementation Strategy

The project will be implemented by conducting a 5-day training workshop in Wau. The participants of this training workshop will include all the pastors' wives in the Diocese of Wau. Two training facilitators will be hired to conduct the training. One training facilitator will take charge of the HIV/AIDs awareness training, while the other facilitator will be in charge of conducting the family planning awareness.

Before the training workshop the project coordinator will undertake the preparation for the workshop. This will include hiring of the two training facilitators, preparing the training materials that will be used during the workshop. These materials include literature and stationery to be used by the facilitators and participants during the training workshop.

### 7.0 Work plan

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Activity	Weeks											By	
	1	2	3	4	5	6	7	8	9	10	11		
Solicit for project funds	■												PC
Identify workshop participants		■	■										PC
Prepare training materials				■	■	■	■						PC/TF
Identify Training Venue							■						PC
Conduct the training workshop								■					TF
Evaluate the project									■	■	■		PC/TF
Project reporting											■		PC

**PC- Project Coordinator, TF – Training Facilitators**

## 8.0 BUDGET

Item Description	Unit	No. of Units	Unit Rate US\$	Total Cost US\$
1. Incentive for Project Coordinator				500.00
2. Training Materials (Family Planning)				750.00
3. Training Materials (HIV/AIDS)				750.00
4. Training Facilitators	Pers	2	500	1,000.00
5. Feeding for participants	Pers	300	50	15,000.00
6. Transport/travel of participants		300	20	6,000.00
7. Monitoring, Evaluation & Reporting				350.00
8. PVC Billboard	Pc	1	125	125.00
9. Assorted Contraceptives				1,000.00
<b>Grand Total (USD)</b>				<b>USD 24,475</b>

## 9.0 Expected Results and Impact

The project will result in the improvement of the awareness levels on matters pertaining to family planning and HIV/AIDS. After the implementation of the project the participants of the training workshops will have gained knowledge on how to use modern family planning methods. The knowledge on family planning will enable the pastors' wives to spread to knowledge to other women with the Wau Diocese. The use of modern family planning methods will enable the women in the diocese to avoid unplanned pregnancies.

The project will also result in the level of awareness among the participants on HIV/AIDS be improved. The gained knowledge will include how HIV infection occurs, how to avoid infection and how to treat the infected persons within the community.